



2026 CAIRNS 50 – FRIDAY ROSTER



FRIDAY APRIL 4 (BRINSMEAD PARK RESERVE)		
VOLUNTEER ROLE	DESCRIPTION	TIMES
TEMPORARY CAR PARK BUMP IN	<ul style="list-style-type: none"> Assist in “bumping-in” infrastructure at temporary car park {Brinsmead Park Reserve} 	9AM – 12PM
Check-In	<ul style="list-style-type: none"> Check-in athletes for the weekend events at Aplin Street 	2:30PM-6PM



2026 CAIRNS 50 – SATURDAY ROSTER



SATURDAY APRIL 5 (MORNING – BUMP-IN)		
VOLUNTEER ROLE	DESCRIPTION	TIMES
EVENT PRECINCT BUMP-IN	<ul style="list-style-type: none"> Assist in “bumping-in” infrastructure at Glenoma Park (eg. Fencing, lifting, marquees, course marking etc.) 	6am-10am
		10am-2pm

SATURDAY APRIL 5 (AFTERNOON)		
VOLUNTEER ROLE	DESCRIPTION	TIMES
ATHLETE CHECK-IN (5, 2, 1)	<ul style="list-style-type: none"> Check-in participants for the 5k, 2k and 1k events 	3:30pm-6pm
ATHLETE CHECK-IN (50, 30, 10)	<ul style="list-style-type: none"> Check-in participants for the 50k, 30k and 10k events 	3:30pm-6pm
FINISH CHUTE MARSHAL	<ul style="list-style-type: none"> Direct runners to their next lap OR to the finish line (located in Glenoma Park) 	4:30pm-6:30pm
GLENOMA PARK TURN MARSHAL	<ul style="list-style-type: none"> Direct runners to their next lap (located in Glenoma Park) 	4:30pm-6:30pm
GLENOMA CAR PARK MARSHAL	<ul style="list-style-type: none"> Manage traffic coming and going at the Glenoma Park Car Park (including event shuttle bus and stop/drop/go) 	3:30pm-5:30pm

AID STATION/5K TURN	<ul style="list-style-type: none"> Manage small aid station and ensure runners turn at 5k turnaround 	4:15pm-6:30pm	
2K TURN MARSHAL	<ul style="list-style-type: none"> Ensure runners turn at 2k turnaround 		
1K TURN MARSHAL	<ul style="list-style-type: none"> Ensure runners turn at 1k turnaround 		
FINISH LINE/RECOVERY	<ul style="list-style-type: none"> Recovery – preparing fluid/nutrition and providing fluid/nutrition to participants 	4:30pm – 6:30pm	
FINISH LINE MEDALS	<ul style="list-style-type: none"> Medals – hand out medals at the finish line and direct runners to recovery 		
BRINSMEAD PARK RESERVE CAR PARK MARSHALS	<ul style="list-style-type: none"> Manage traffic entering and exiting the car park; manage parking in the car park 	3:30pm – 6:30pm	
BUS DRIVER	<ul style="list-style-type: none"> Shuttle people between Cairns City and Glenoma Park 	4:00pm – 7:00pm	



2026 CAIRNS 50 – SUNDAY ROSTER



SUNDAY APRIL 6			
VOLUNTEER ROLE	DESCRIPTION	TIMES	
ATHLETE CHECK-IN (50, 30, 10)	<ul style="list-style-type: none"> Check-in participants for the 50k, 30k and 10k events 	4:30am – 6:30am	
FINISH CHUTE MARSHAL	<ul style="list-style-type: none"> Direct runners to their next lap OR to the finish line (located in Glenoma Park) 	6:30am – 9:30am	
		9:30am – 12pm	
GLENOMA PARK TURN MARSHAL	<ul style="list-style-type: none"> Direct runners to their next lap (located in Glenoma Park) 	6:30am – 9:30am	
		9:30am – 12:30pm	
GLENOMA CAR PARK MARSHAL	<ul style="list-style-type: none"> Manage traffic coming and going at the Glenoma Park Car Park (including event shuttle bus and stop/drop/go) 	4:30am – 7am	
		7am – 9:30am	
GOOMBOORA AID STATION	<ul style="list-style-type: none"> Set up, manage and pack up aid station (food/fluid etc.) 	4:45am – 12:15pm	
THE ROCKS AID STATION	<ul style="list-style-type: none"> Set up, manage and pack up aid station (food/fluid etc.) 	5:05am – 11:45am	
GAMBURRA DRIVE PARK AID STATION	<ul style="list-style-type: none"> Set up, manage and pack up aid station (food/fluid etc.) 	5:25am – 11:15am	
10K TURNAROUND MARSHAL	<ul style="list-style-type: none"> Ensure runners turn at 10k turnaround 	6:00am – 8:00am	
50K TURNAROUND MARSHAL	<ul style="list-style-type: none"> Ensure runners turn at 50k turnaround and assist with water 	5:45am – 8:45am	
		8:30am – 11:30am	

LEAD BIKES/TAIL BIKES	<ul style="list-style-type: none"> Lead – ride in front of lead runner (clear path, monitor runner wellbeing, identify hazards etc.) Tail – ride with/behind final 50k runner to monitor wellbeing of final runners and enable staff to track final runners 	5:00am – 9:00am	(50k Male)
		5:00am – 9:30am	(50k Female)
		5:45am – 8:30am	(30k Male)
		5:45am – 9:00am	(30k Female)
		6:15am – 7:30am	(10k Male)
		6:15am – 7:30am	(10k Female)
		10am – 12:30pm	(TAIL)
FINISH LINE/ RECOVERY/ SPECIAL NEEDS	<ul style="list-style-type: none"> Recovery – preparing fluid/nutrition and providing fluid/nutrition to participants Medals – hand out medals at the finish line and direct runners to recovery 	6:45am – 9:45am	(Medals)
		6:45am – 9:45am	(Medals)
		6:45am – 9:45am	(Medals)
		6:45am – 9:45am	(Recovery)
		6:45am – 9:45am	(Recovery)
		6:45am – 9:45am	(Recovery)
		9:30am - 12:30pm	(Medals)
		9:30am - 12:30pm	(Medals)
		9:30am - 12:30pm	(Recovery)
		9:30am - 12:30pm	(Recovery)
BRINSMEAD PARK RESERVE CAR PARK MARSHALS	<ul style="list-style-type: none"> Manage traffic entering and entering the car park; manage parking in the car park 	4:30am – 7:00am	
		7:00am-9:30am	
PERSONAL NEEDS		5:30am – 8:15am	
BUMP-OUT	<ul style="list-style-type: none"> Assist in packing up event precinct and temporary car parks 	12:00pm – 3:30pm	
BUS DRIVER	<ul style="list-style-type: none"> Shuttle people between Cairns City and Glenoma Park 	4:00am – 12pm	