

2026 CAIRNS 50 – FRIDAY ROSTER

| FRIDAY APRIL 4 (BRINSMEAD PARK RESERVE) | | | |
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| VOLUNTEER ROLE | DESCRIPTION | TIMES | |
| TEMPORARY CAR PARK BUMP IN | <ul style="list-style-type: none"> Assist in “bumping-in” infrastructure at temporary car park {Brinsmead Park Reserve} | 9AM – 12PM | |
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| Check-In | <ul style="list-style-type: none"> Check-in athletes for the weekend events at Aplin Street | 2:30PM-6PM | |
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2026 CAIRNS 50 – SATURDAY ROSTER

| SATURDAY APRIL 5 (MORNING – BUMP-IN) | | | |
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| VOLUNTEER ROLE | DESCRIPTION | TIMES | |
| EVENT PRECINCT BUMP-IN | <ul style="list-style-type: none"> Assist in “bumping-in” infrastructure at Glenoma Park (eg. Fencing, lifting, marquees, course marking etc.) | 6am-10am | |
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| | | 10am-2pm | |
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| SATURDAY APRIL 5 (AFTERNOON) | | | |
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| VOLUNTEER ROLE | DESCRIPTION | TIMES | |
| ATHLETE CHECK-IN (5, 2, 1) | <ul style="list-style-type: none"> Check-in participants for the 5k, 2k and 1k events | 3:30pm-6pm | |
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| ATHLETE CHECK-IN (50, 30, 10) | <ul style="list-style-type: none"> Check-in participants for the 50k, 30k and 10k events | 3:30pm-6pm | |
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| FINISH CHUTE MARSHAL | <ul style="list-style-type: none"> Direct runners to their next lap OR to the finish line (located in Glenoma Park) | 4:30pm-6:30pm | |
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| GLENOMA PARK TURN MARSHAL | <ul style="list-style-type: none"> Direct runners to their next lap (located in Glenoma Park) | 4:30pm-6:30pm | |
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| GLENOMA CAR PARK MARSHAL | <ul style="list-style-type: none"> Manage traffic coming and going at the Glenoma Park Car Park (including event shuttle bus and stop/drop/go | 3:30pm-5:30pm | |
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| AID STATION/5K TURN | • Manage small aid station and ensure runners turn at 5k turnaround | 4:15pm-6:30pm | |
| 2K TURN MARSHAL | • Ensure runners turn at 2k turnaround | | |
| 1K TURN MARSHAL | • Ensure runners turn at 1k turnaround | | |
| FINISH LINE/ RECOVERY | • Recovery – preparing fluid/nutrition and providing fluid/nutrition to participants | 4:30pm – 6:30pm | |
| FINISH LINE MEDALS | • Medals – hand out medals at the finish line and direct runners to recovery | | |
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| BRINSMEAD PARK RESERVE CAR PARK MARSHALS | • Manage traffic entering and entering the car park; manage parking in the car park | 3:30pm – 6:30pm | |
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| BUS DRIVER | • Shuttle people between Cairns City and Glenoma Park | 4:00pm – 7:00pm | |



2026 CAIRNS 50 – SUNDAY ROSTER



| SUNDAY APRIL 6 | | | |
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| VOLUNTEER ROLE | DESCRIPTION | TIMES | |
| ATHLETE CHECK-IN (50, 30, 10) | • Check-in participants for the 50k, 30k and 10k events | 4:30am – 6:30am | |
| FINISH CHUTE MARSHAL | • Direct runners to their next lap OR to the finish line (located in Glenoma Park) | 6:30am – 9:30am | |
| | | 9:30am – 12pm | |
| GLENOMA PARK TURN MARSHAL | • Direct runners to their next lap (located in Glenoma Park) | 6:30am – 9:30am | |
| | | 9:30am – 12:30pm | |
| GLENOMA CAR PARK MARSHAL | • Manage traffic coming and going at the Glenoma Park Car Park (including event shuttle bus and stop/drop/go | 4:30am – 7am | |
| | | 7am – 9:30am | |
| GOOMBOORA AID STATION | • Set up, manage and pack up aid station (food/fluid etc.) | 4:45am – 12:15pm | |
| THE ROCKS AID STATION | • Set up, manage and pack up aid station (food/fluid etc.) | 5:05am – 11:45am | |
| GAMBURRA DRIVE PARK AID STATION | • Set up, manage and pack up aid station (food/fluid etc.) | 5:25am – 11:15am | |
| 10K TURNAROUND MARSHAL | • Ensure runners turn at 10k turnaround | 6:00am – 8:00am | |
| 50K TURNAROUND MARSHAL | • Ensure runners turn at 50k turnaround and assist with water | 5:45am – 8:45am | |
| | | 8:30am – 11:30am | |

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| LEAD BIKES/TAIL BIKES | <ul style="list-style-type: none"> Lead – ride in front of lead runner (clear path, monitor runner wellbeing, identify hazards etc.) Tail – ride with/behind final 50k runner to monitor wellbeing of final runners and enable staff to track final runners | 5:00am – 9:00am | (50k Male) |
| | | 5:00am – 9:30am | (50k Female) |
| | | 5:45am – 8:30am | (30k Male) |
| | | 5:45am – 9:00am | (30k Female) |
| | | 6:15am – 7:30am | (10k Male) |
| | | 6:15am – 7:30am | (10k Female) |
| | | 10am – 12:30pm | (TAIL) |
| FINISH LINE/ RECOVERY/ SPECIAL NEEDS | <ul style="list-style-type: none"> Recovery – preparing fluid/nutrition and providing fluid/nutrition to participants Medals – hand out medals at the finish line and direct runners to recovery | 6:45am – 9:45am | (Medals) |
| | | 6:45am – 9:45am | (Medals) |
| | | 6:45am – 9:45am | (Medals) |
| | | 6:45am – 9:45am | (Recovery) |
| | | 6:45am – 9:45am | (Recovery) |
| | | 6:45am – 9:45am | (Recovery) |
| | | 9:30am - 12:30pm | (Medals) |
| | | 9:30am - 12:30pm | (Medals) |
| | | 9:30am - 12:30pm | (Recovery) |
| | | 9:30am - 12:30pm | (Recovery) |
| BRINSMEAD PARK RESERVE CAR PARK MARSHALS | <ul style="list-style-type: none"> Manage traffic entering and entering the car park; manage parking in the car park | 4:30am – 7:00am | |
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| | | 7:00am-9:30am | |
| PERSONAL NEEDS | | 5:30am – 8:15am | |
| BUMP-OUT | <ul style="list-style-type: none"> Assist in packing up event precinct and temporary car parks | 12:00pm – 3:30pm | |
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| BUS DRIVER | <ul style="list-style-type: none"> Shuttle people between Cairns City and Glenoma Park | 4:00am – 12pm | |